

Registration

Name: _____

Phone: _____

Email: _____

**\$100.00 non-refundable deposit
due by February 2, 2025**

Please make checks payable to Immanuel Anglican Church with "Women's Retreat" on the memo line. Registration may be returned to Barbara Finney, Jean Albert or Deb Tomchek

Room Selection:

_____ **Single \$360.00** (very limited availability)

_____ **Double \$285.00**

_____ **Triple \$260.00**

For double or triple occupancy, please note your roommate name(s) below:

Transportation: Will you be a

Driver: _____ Yes _____ No

If yes, how many Passengers can you take: _____

Rider: _____ Yes _____ No

If yes, who will you be riding with: _____

Do you need help finding a ride: _____ Yes _____ No

Room rates include Saturday Breakfast through Sunday Lunch. Friday Dinner is available for \$18.00 additional and by pre-registration.

Special dietary needs can be accommodated for an additional \$25.00. Please see one of your coordinators for information.

Horseback riding will be available Saturday afternoon for \$35.00. Register at the front desk upon arrival.



The Women's Retreat will be held at

White Sulphur Springs Christian Retreat Center

4500 Milligan's Cove Road
Mann's Choice, PA 15550

Directions from Washington:

- Take I-270 north towards Frederick, MD.
- Take I-70 west to Breezewood, PA.
- In Breezewood, turn left onto US 30 West.
- Stay on US 30 for 20.8 miles.
- Turn left onto PA route 31 at the Jean Bonnet Tavern.
- Continue 3.4 miles through the town of Mann's Choice (blinking light) The route number will change to PA 96.
- Travel 2 more miles and turn left onto Sulfur Springs Road
- Bear left onto the gravel road at the fork at the old inn.
- Pass the horse barn and continue up the gravel road for ½ mile.
- Bear left at the fork as you see the Center on the hill.
- You can unload under the portico or continue past the building to the parking lot.

For more information about the facility, visit:

www.whitesulfursprings.org



God with us for the sake of others



Women's Retreat

May 2 – 4, 2025



Recover
Rest
Renewal



Meet Me at the Well:

Living in the Rest of your Life

Many of us can identify with the Samaritan woman... and Jesus went out of his way to reach her; her heart was SO healed by him that she went and told everyone about him... would that we all experience his love and presence to go and tell everyone "come meet a man who knew everything about me!" and to be healed of our pain, shame, and wounds in such a way that we can reach out, announce and share the good news with others!

What to Bring

Your Bible
Your Journal
An expectant heart
Walking shoes (optional)
Snacks to share
A love offering

Preliminary Retreat Schedule

Friday

3:00 PM – 7:00 PM: Check in
6:00 PM – 7:30 PM: Cash dinner (pre-register)
7:30 PM – 8:00 PM: Icebreaker / Worship
8:05 PM – 9:00 PM: **Session 1**
9:00 PM – 9:30 PM: Small groups
9:30 PM – 11:00 PM: Prayer & fellowship
10:00 PM: Quiet time

Saturday

8:00 AM – 9:00 AM: Breakfast
9:15 AM – 9:35 AM: Worship
9:35 AM – 10:45 AM: **Session 2**
10:45 AM – 11:45 AM: Small groups
11:50 AM – Reconvene/Wrap up
12:00 PM – 12:10 PM: Group photo in foyer
12:30 PM – 1:30 PM: Lunch
1:30 PM – 5:45 PM: **Free time**
6:00 PM – 7:00 PM: Dinner
7:05 PM – 7:20 PM: Worship
7:20 PM – 8:05 PM: **Session 3**
8:05 PM – 9:00 PM: Small Groups
9:00 PM – 11:00 PM: Worship/Prayer/Fellowship
10:00 PM: Quiet time

Sunday

8:00 AM – 9:15 AM: Breakfast
9:30 AM – 10:15 AM: Worship with communion
10:15 AM – 11:15 AM: **Session 4**
11:15 AM – 11:45 AM: Small groups
11:45 AM – 12:20 PM: Testimonies
12:30 PM: Lunch & fellowship/Depart

Prayer ministers will be available all weekend. Please don't hesitate to ask for prayer!



Rev. Catherine Warner is a Spiritual Director, teacher, mentor, wife and mother. She's passionate about seeking the things of God (both in her own life and in helping others seek and find Him too!) and building hospitality as a culture in the church.

For over 30 years she has held leadership roles in the local church, leading women's retreats, founding and multiplying life groups, teaching, and discipling and mentoring youth and adults. She is a Spiritual Director trained through the Selah certificate program from Leadership Transformations at Gordon-Conwell Theological Seminary. Catherine most recently served as the Director of Discipleship at Church of the Holy Cross Sullivan's Island near Charleston, SC. There, she trained and mentored leaders to build spiritually mature communities: disciples making disciples and nurturing pastoral care. Recently ordained a deacon, she is a candidate for ordination to the priesthood in the Diocese of the Mid Atlantic. She has an MTS in Spiritual Formation from Gordon-Conwell Theological Seminary. A life-long Tar Heel, Catherine holds a BA in Education and Spanish from UNC Chapel Hill.

Catherine loves serving in ministry alongside her husband Chris, the Bishop of the Diocese of the Mid Atlantic. She has three grown children and as a family they love meeting up to hike, travel or hang out on the beach. In her off time, you can find Catherine reading, connecting with friends, flexing her green thumb or enjoying a walk/hike along the Occoquan River.