



IMMANUEL

ANGLICAN CHURCH

Life Groups *Lent 2023*

The Vision

[Life Groups](#) are community groups that cultivate worship, growth, and service through a simple format of welcome, conversation, engagement with Scripture, and prayer. Since Jesus is the way, the truth, the life (John 14:6), we want to know Him, to love Him, to follow Him. We need the Holy Spirit, Scripture, and each other to do this fully. As we grow closer to Jesus, we grow closer to each other, and together we become more fully who we are created to be – a people who live together with God for the sake of others (Ephesians 2).

The Format

- ❖ **Re-member:** We gather together in a welcoming environment and share food and drink together. (15 minutes)
- ❖ **Re-orient:** We fix our eyes on Jesus through participation in a simple liturgy, asking Him to open our eyes. (5 minutes)
- ❖ **Receive:** We listen to the Spirit and each other through conversation arising from studying 1 John. (30-45 minutes)
- ❖ **Respond:** After answering the question, “How is Jesus inviting me/us to respond?”, we spend time praying for each other, and giving thanks to the Father. (10-15 minutes)
- ❖ **Return:** The group returns to participate in the Messiah’s Mission in the world through a blessing and/or song. (1-3 minutes)

Lent 2023

The grace God is giving to Immanuel for 2023 is this: ***You are loved – Abide. Invite. Welcome.*** Participating in a Life Group during Lent is one way in which we are receiving this grace. In addition to following the above format each week, your Life Group is encouraged to *invite* people to one of your weekly gatherings, to one of the Holy Week/Easter services, and/or to an event organized by your Life Group. [Sign up here](#) to join a Life Group this Lent.

2023 Schedule

- 2/4/23 Life Group Leaders Training
- 2/5/23 – 2/19/23 Life Groups Promotion, Invitations, and Sign-ups
- Week of 2/21/23 Life Groups Launch
 - Life Groups meet for welcome and introductions, and together attend either Shrove Tuesday (2/21/23), Ash Wednesday (2/22/23), or both.
- Week of 2/26/23 Lent I: 1 John 1
- Week of 3/5/23 Lent II: 1 John 2
- Week of 3/12/23 Lent III: 1 John 3
- Week of 3/19/23 Lent IV: 1 John 4
- Week of 3/26/23 Lent V: 1 John 5
- Week of 4/2-8/23 Holy Week: Life Groups attend one or more services together
- Week of 4/9/23 Life Groups celebrate, discuss, and discern whether to continue
- 4/16/23 Life Group Leaders Debrief