



The Weekly

Immanuel Anglican Church
Prince William County

July 19, 2026

Missionary News Travels to Tanzania

This is my third year traveling to Africa, and my first time in Tanzania. Each year has been so different from the last. My first year, I spent six-weeks traveling through the Masindi-Kitari Diocese, from the town of Masindi all the way to lower Bulisa, four (muddy) hours away to train Lay Pastors. Last year I spent 3-1/2 weeks traveling to the Kiryondongo refugee camp in the Masindi-Kitari Diocese to teach the program “Restore Wholeness” and “Restore Wholeness for Children.” I was both trainee and apprentice teacher. This year, I traveled to Tanzania with the Christian Renewal Association (and SAMS) to teach children, apprentice teachers, and Sunday School Teachers the “Restore Wholeness for Children” program. It was a wonderful time of praise and worship.

Based on the book, *Emotionally Free*, by Rita Bennett, Restore Wholeness is a program designed to help children experience healing from trauma through encounters with Jesus. It is a program that touches my heart—I work daily with children who have been terribly traumatized by abuse and neglect—so it has been my privilege to teach about Jesus’s power to heal us, and to share the love of Jesus with children whose lives are filled with the trauma of poverty, loss, death, illness, and uncertainty. Though I am “teacher,” the children and

adults I serve teach me, too. They teach me to live joyfully despite circumstances, about gratitude for what they do have rather than despair over what they lack and about loving God greatly in every situation – the *SHEMA* writ large: love God with all your heart, with all your mind, and with all your soul. God is good, all the time.

Listening to Addie's sermon Sunday, I was struck by her analogy of her garden, and the good garden God wants to plant in our hearts. One of the Restore Wholeness sessions teaches about God's garden and how God wants to help us weed the garden in our heart, just as we weed our gardens of flowers and vegetables, so we can make room for good things to grow. Likewise, He wants to transform us. Through this healing ministry, God is slowly shaping my heart in His image.

Serving God in Tanzania and in Uganda has helped the garden in my heart to flourish with gratitude and hope: I am sowing one seed at a time, and sometimes the labor is hard, but it is always rewarding. The hardships I experience while I am there pale in comparison to the joy of seeing a child receive the Holy Spirit, or the power of witnessing a demon cast out. The fear of the Lord is indeed the beginning of wisdom.

I am always mindful that I come from privilege and abundance. I travel to a world marked by scarcity and hardship, yet the people there are always welcoming, grateful that we visit, and interested in our stories. In Africa, your story is your testimony, which is Christ; that is the Gospel that transforms lives. Amen.

Catherine Annand

Worship

Please join us each Sunday at 8:00am or 10:30am at 7075 Hoadly Road, Manassas, VA. You may also join us at 10:30am via [livestream](#).

Morning Prayer is offered via [Zoom](#) every Thursday at 8am.
<https://us06web.zoom.us/j/85934655171>
Meeting ID: 859 3465 5171

Morning Prayer is taking a break for the month of July. It will be offered again beginning August 3, at Immanuel Tuesday - Friday, in the Nave from 8:30am - 9:30am.

Midday prayer is offered Tuesday – Friday in the Nave at noon. During Vacation Bible School week (July 27-31), midday prayer will not be offered.

Visit iachurch.org/worship for more details.

IMPORTANT DATES

July 17	Youth Kayaking on Occoquan	10:30-1:30pm
July 19	VBS Training	9:30-10:00am
July 21	VBS Workday	1-3:00 pm
July 27-31	Vacation Bible School	9-1 Nave
August	Prayer Walks	more information to follow

COMING THIS FALL

Adult Class	Study led by Julie Walsh
Life Groups	Sign-ups coming soon
Confirmation Classes	Sign-ups coming soon

WEEKLY ANNOUNCEMENTS

Food Cupboard Ministry: For the month of July, we are collecting canned tuna, canned salmon and 1 pound plastic jars of peanut butter. The food cupboard is to the left as you enter the storage room located between classrooms 1 & 2.

Blessing Bags: Updated lists for the contents of the Blessing Bags are available. Please pick one and fill a bag for a woman in need. To date 44 purses for the ACTS Domestic Violence shelter have been delivered! Thank you to all who have donated to this ministry. Please contact Lee or Jennifer Roberds at (703) 298-5240 if you have any questions.

Vestry Updates: At the June meeting, the Vestry discussed plans for covering church activities (e.g., pastoral care, announcements, etc.) while Father Travis was on vacation. The Vestry appointed Becky Ragon to be a Vestry representative to the Finance Committee, taking Jack Sova's place. We also discussed identifying someone who could join the Vestry to fulfill Jack's term. Lastly, we passed two financial policies. The Fundraising Policy provides guidance to Immanuel members and ministries on how to request Vestry approval for fundraising activities. The Designated Contributions Policy sets forth the ways that monetary gifts or "gifts in kind" (e.g., donations of real estate, securities, or other furnishings or property) will be accepted with gratitude by the Church. In the fall, we anticipate providing a presentation on Immanuel's finances, and will include more details about both policies. If you have questions or comments about our June meeting or any of these topics, please contact me, our Junior Warden Tim Timmons, or any member of the Vestry. We look forward to talking with you.

COMMUNITY GATHERINGS

Vacation Bible School: Kingdom Quest VBS is coming July 27-31! Kids are invited to join us for an exciting week of games, music, Bible adventures, and fun as we learn to live out our faith together. Registration is now open, and we're also looking for volunteers to help make the week a success. Sign up to attend at iachurch.org or contact mbyers@iachurch.org to volunteer or learn more.



ROCK THE BLOCK is coming SOON! Tuesday, August 11th from 6:30-8:00 pm we have the opportunity to bless Martin Luther King Elementary School students with new backpacks, school supplies, socks, children's books, DVDs, and more. Mission partners are needed to help transport items to ML King Elementary, 13224 Nickleson Dr, Woodbridge. Our VBS kids and others will be collecting monetary donations along with gently-used books and family-friendly DVDs. For more information, please contact Dean or Pat Tony patbtony@gmail.com. Volunteer sign up click [here](#) or use QR code.



Immanuel Kids: Nothing brings a family together—or stirs up some friendly drama—like a family game night! Just like in games, family life can have its own ups and downs, whether it's with our given or chosen families. In this 4-week series, kids will explore how Abraham's family navigated challenges and blessings while learning how we can care for our

families, serve them well, and remember that we're all part of God's family. As they do, kids will learn that **we can believe God's promises, we can pray for our families, we can trust God to provide, and we're all welcome in God's family.**

Youth Ministry: Middle and high school students are invited to Second Sunday @ 6 PM on August 9 for an evening of fun, fellowship, and Bible study. We have canceled our Wednesday Summer Study for the remainder of the summer. Be sure to save the date for our Youth Family BBQ on August 30 as we kick off the new ministry year! For more information, contact mbyers@iachurch.org.

Sunday Night Men's Bible Study: The men meet each Sunday night except the third Sunday of the month which is reserved for Cruciform. The next meeting will be on July 26. They will continue the 8-week series viewing a DVD authored by J.D. Greear. Men facing the cultural challenges of today will connect to the ancient wisdom of Daniel and learn that the power to make a difference is found in the commitment to be different. Beginning at 7pm in classroom 4 the time will be split between Listening, Discussing and Fellowship concluding by 8:30 pm. If you have any questions, see MikeHarpster@comcast.net or ScottSFinney@verizon.net.

Women's Monday Night Bible Study: All ladies are welcome to join us as we study the Gospel of Mark using N.T. Wright for Everyone Bible Study Guides- MARK. We are on Mark 8:1-9:1 and chapter 9 of the study guide. You don't need to be reading the study guide ahead and you may join at any time. Monday evening gatherings 7-8:30 p.m. via ZOOM. Please contact Kathy Oravetz at 571-334-8786 or koravetzdpt@gmail.com for more information and the ZOOM link.

Men's Dinner: All Immanuel men and their guests are invited to join us for some fellowship and conversation at our weekly Monday Men's Dinner. The next dinner will be on July 20, Tony's Pizza located at 13629 Dumfries Rd, Manassas. New attendees are always welcome so come and join us and bring someone with you.

Tuesday Morning Ladies Bible Study: Join this caring group at 10:00 am in Classroom #1 to study Isaiah using the Melissa Spoelstra book and video: "Isaiah: Striving Less and Trusting God More". We'll unpack Isaiah's words to reveal that you can trust God more than your own human effort or the counterfeits the world suggests. Contact Barbara Finney at blynn56@verizon.net or 703-405-2651 for workbooks or more information.

Tuesday Ladies Dinner: The next dinner will be at All American Steakhouse, located at 5594 Ashland Community Square, on July 21, 2026, at 5:00 pm. Please RSVP to Teharpster@comcast.net.

Saturday Morning Men's Discussion: The group is taking a break for the summer. Discussions will resume on September 14, 2026. Please come prepared to recommend the next study series. For more information contact Gary Grey at: gary8638@gmail.com or 703-966-2812.

Men's Breakfast: The men will meet July 18, for the monthly breakfast at 8:00am. Come join in for a hot breakfast and fellowship

Cruciform: Join the men of Immanuel and the community on July 19, 2026, for a deep dive into men's decision-making paths at Cruciform Crossroad Conversations - a journey of self-discovery and growth. Real talk. Real faith. Real growth.

Participate in in-depth conversations about the challenges men are navigating in today's world. Bring a friend. Open to all men from all churches - 18+. Food included. Stay tuned for the next meeting date.

Life First Updates: First on the Praise and Pray list is for the planning of the expansion of the Woodbridge Office. We would appreciate your prayers for every aspect of this undertaking. The Office will not move location, just expanding to include the space next to it which is now available. ALSO, the new Dumfries center is up and running, as you know. If you have not seen it you are invited to do so. Come see how all your offerings are helping to accomplish great things for the community of Dumfries. Best time to visit is Mondays between 10:00 AM and 12:30 PM, before patients begin to arrive for appointments. Please call me, Cathleen Giannini, at 703-851-0908 or cragchat1@gmail.com and I will arrange for your visit. Prayer requests from Life First: praying for a Male Services Coordinator, Nurse Sonographer, and Bilingual advocates. Pray for dads, that they will be intentional about coming to meet with the Client Advocates and join in the Ready of Arrival classes.

Opportunity to Learn More about Upcoming Constitutional Amendments in Virginia. If you would like to learn more about this opportunity or this topic, please contact Paul Giannini. Paul looks forward to sharing details and giving you more information. You can speak with Paul in person between or after services or email him at pjgiannini13@gmail.com.

Financial Update thru June 30, 2026

Operations

Revenue	\$315,340.85
Expenses	<u>\$252,342.15</u>
Net	\$ 62,998.70

Building

Revenue	\$113,072.41
Expenses	<u>\$ 51,573.78</u>
Net	\$ 61,498.63

The Operations fund pays for salaries & admin costs, mission outreach, ministry expenses (such as children, youth and adult, altar guild, fellowship), and facility expenses (such as insurance, maintenance of property, equipment costs). The building fund pays for the monthly mortgage, that loan amount due monthly is \$15,420.

County Community Activities

Put your notice here!

Not receiving The Weekly? You can sign up on the IAC website by going to [here](#). Scroll to the bottom of the page and complete the subscribe form. If you need help, contact the Parish Administrator at office@iachurch.org.

Lost and Found

There are containers and dishes in the kitchen. If they are yours, please pick them up! Other lost and found items can be found in the basket on the usher's table.

Building Usage

If you or your group would like to use a room at the church, please contact the office at office@iachurch.org or tharpster@iachurch.org to schedule the date, time and room. Unscheduled meetings cannot always be accommodated. Please note the configuration pictures in each room on the wall near the light switch. After your meeting, please return the room to the arrangement in the picture without exception. All rooms are used for many different activities. If your group is using the hallway space and set up tables, please return the tables to the closet at the end of the session.

Parking Lot

If you or your group need to leave vehicles in the parking lot overnight during an activity, please contact the Parish Administrator before leaving. You will be asked to leave the make, model and license number of the vehicle, your

departure and return dates and times. Any vehicles left in the parking lot without notification are subject to towing at the owner's expense.